

**Wettkampf 29 - 400m Lagen männlich****Pflichtzeiten**

2011 (kein ENM): 06:32,40 2010: 06:05,20 2009: 05:44,50 2008: 05:34,80 2007: 05:26,40 2006:  
05:20,60 2005: 05:16,60 2004: 05:13,00 offen: 05:06,00

**Offene Wertung - DBS Wertung**

Platz	Schwimmer	Jg/SK	Verein	Endzeit
1.	Yannick Schroeter	2003/SM9	Berliner Schwimmteam	05:55,03 521 ENM
	50m: 00:36,33 (00:36,33)   100m: 01:19,41 (00:43,08)   150m: 02:04,74 (00:45,33)   200m: 02:48,67 (00:43,93) 250m: 03:39,97 (00:51,30)   300m: 04:29,72 (00:49,75)   350m: 05:13,12 (00:43,40)   400m: 05:55,03 (00:41,91)			

**Jahrgang 2011**

Platz	Schwimmer	Jg/SK	Verein	Endzeit
1. und Berliner Jahrgangsmeister				
	Ben Oscar Radtke	2011/--	SG Schöneberg, Berlin	06:02,75
	50m: 00:39,07 (00:39,07)   100m: 01:24,22 (00:45,15)   150m: 02:10,43 (00:46,21)   200m: 02:55,15 (00:44,72) 250m: 03:47,40 (00:52,25)   300m: 04:41,96 (00:54,56)   350m: 05:23,52 (00:41,56)   400m: 06:02,75 (00:39,23)			
2.	Lennox Dufft	2011/--	Berliner TSC	06:19,29
	50m: 00:39,20 (00:39,20)   100m: 01:27,46 (00:48,26)   150m: 02:14,41 (00:46,95)   200m: 03:01,52 (00:47,11) 250m: 03:56,73 (00:55,21)   300m: 04:53,26 (00:56,53)   350m: 05:35,72 (00:42,46)   400m: 06:19,29 (00:43,57)			
3.	Oliver Seidler	2011/--	Aqua Berlin	06:32,02
	50m: 00:41,05 (00:41,05)   100m: 01:29,78 (00:48,73)   150m: 02:22,27 (00:52,49)   200m: 03:10,71 (00:48,44) 250m: 04:07,30 (00:56,59)   300m: 05:04,16 (00:56,86)   350m: 05:48,03 (00:43,87)   400m: 06:32,02 (00:43,99)			

**Jahrgang 2010**

Platz	Schwimmer	Jg/SK	Verein	Endzeit
1. und Berliner Jahrgangsmeister				
	Marlon Plamann	2010/--	Aqua Berlin	05:36,90
	50m: 00:34,96 (00:34,96)   100m: 01:18,87 (00:43,91)   150m: 02:01,72 (00:42,85)   200m: 02:43,07 (00:41,35) 250m: 03:30,21 (00:47,14)   300m: 04:18,36 (00:48,15)   350m: 04:58,66 (00:40,30)   400m: 05:36,90 (00:38,24)			
2.	Pedro Stier	2010/--	SG Neukölln Berlin	05:49,74
	50m: 00:36,35 (00:36,35)   100m: 01:24,29 (00:47,94)   150m: 02:07,89 (00:43,60)   200m: 02:51,83 (00:43,94) 250m: 03:45,61 (00:53,78)   300m: 04:38,59 (00:52,98)   350m: 05:13,19 (00:34,60)   400m: 05:49,74 (00:36,55)			

**Jahrgang 2009**

Platz	Schwimmer	Jg/SK	Verein	Endzeit
1. und Berliner Jahrgangsmeister				
	Benjamin Künnemann	2009/--	SG Schöneberg, Berlin	05:31,58
	50m: 00:35,09 (00:35,09)   100m: 01:16,43 (00:41,34)   150m: 02:00,16 (00:43,73)   200m: 02:42,30 (00:42,14) 250m: 03:31,85 (00:49,55)   300m: 04:19,56 (00:47,71)   350m: 04:56,15 (00:36,59)   400m: 05:31,58 (00:35,43)			

nicht am Start

	Lenn Oskar Rain	2009/--	Aqua Berlin	ENM
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**Jahrgang 2008**

Platz	Schwimmer	Jg/SK	Verein	Endzeit
1. und Berliner Jahrgangsmeister				
	Ben Köckritz	2008/--	SG Schöneberg, Berlin	05:17,71
	50m: 00:31,84 (00:31,84)   100m: 01:10,33 (00:38,49)   150m: 01:53,83 (00:43,50)   200m: 02:36,20 (00:42,37)			
	250m: 03:20,07 (00:43,87)   300m: 04:04,87 (00:44,80)   400m: 05:17,71 (01:12,84)			
	<u>abgemeldet</u>			
	Felix Fraszczak	2008/--	Berliner TSC	
	Ronen Lior Feldman	2008/--	Wasserfreunde Spandau 04	
	Tjorven Brandt	2008/--	SG Neukölln Berlin	

**Jahrgang 2007**

Platz	Schwimmer	Jg/SK	Verein	Endzeit
1. und Berliner Jahrgangsmeister				
	Lukas Steuter	2007/--	Wasserfreunde Spandau 04	04:51,82
	50m: 00:30,29 (00:30,29)   100m: 01:06,51 (00:36,22)   150m: 01:45,43 (00:38,92)   200m: 02:23,86 (00:38,43)			
	250m: 03:04,81 (00:40,95)   300m: 03:45,46 (00:40,65)   350m: 04:19,29 (00:33,83)   400m: 04:51,82 (00:32,53)			
2.	Colin Maron	2007/--	Berliner TSC	05:06,70
	50m: 00:32,48 (00:32,48)   100m: 01:10,83 (00:38,35)   150m: 01:52,36 (00:41,53)   200m: 02:32,67 (00:40,31)			
	250m: 03:15,95 (00:43,28)   300m: 03:59,40 (00:43,45)   350m: 04:33,85 (00:34,45)   400m: 05:06,70 (00:32,85)			
3.	Mattes Engelmann	2007/--	SV Berolina	05:07,64
	50m: 00:31,14 (00:31,14)   100m: 01:07,10 (00:35,96)   150m: 01:48,38 (00:41,28)   200m: 02:29,85 (00:41,47)			
	250m: 03:14,45 (00:44,60)   300m: 03:59,14 (00:44,69)   350m: 04:34,34 (00:35,20)   400m: 05:07,64 (00:33,30)			
	<u>abgemeldet</u>			
	Markus Reinik	2007/--	SG Neukölln Berlin	

**Jahrgang 2006**

Platz	Schwimmer	Jg/SK	Verein	Endzeit
1. und Berliner Jahrgangsmeister				
	Christian Okrema	2006/--	Wasserfreunde Spandau 04	04:55,34
	50m: 00:30,68 (00:30,68)   100m: 01:05,70 (00:35,02)   150m: 01:45,86 (00:40,16)   200m: 02:25,10 (00:39,24)			
	250m: 03:07,38 (00:42,28)   300m: 03:50,22 (00:42,84)   350m: 04:23,35 (00:33,13)   400m: 04:55,34 (00:31,99)			

**Offene Wertung**

Platz	Schwimmer	Jg/SK	Verein	Endzeit
1. und Berliner Meister				
	Lukas Steuter	2007/--	Wasserfreunde Spandau 04	04:51,82
	50m: 00:30,29 (00:30,29)   100m: 01:06,51 (00:36,22)   150m: 01:45,43 (00:38,92)   200m: 02:23,86 (00:38,43)			
	250m: 03:04,81 (00:40,95)   300m: 03:45,46 (00:40,65)   350m: 04:19,29 (00:33,83)   400m: 04:51,82 (00:32,53)			
2.	Christian Okrema	2006/--	Wasserfreunde Spandau 04	04:55,34
	50m: 00:30,68 (00:30,68)   100m: 01:05,70 (00:35,02)   150m: 01:45,86 (00:40,16)   200m: 02:25,10 (00:39,24)			
	250m: 03:07,38 (00:42,28)   300m: 03:50,22 (00:42,84)   350m: 04:23,35 (00:33,13)   400m: 04:55,34 (00:31,99)			
3.	Colin Maron	2007/--	Berliner TSC	05:06,70
	50m: 00:32,48 (00:32,48)   100m: 01:10,83 (00:38,35)   150m: 01:52,36 (00:41,53)   200m: 02:32,67 (00:40,31)			
	250m: 03:15,95 (00:43,28)   300m: 03:59,40 (00:43,45)   350m: 04:33,85 (00:34,45)   400m: 05:06,70 (00:32,85)			

Platz	Schwimmer	Jg/SK	Verein	Endzeit	
4.	Mattes Engelmann	2007/--	SV Berolina	05:07,64	
	50m: 00:31,14 (00:31,14)   100m: 01:07,10 (00:35,96)   150m: 01:48,38 (00:41,28)   200m: 02:29,85 (00:41,47) 250m: 03:14,45 (00:44,60)   300m: 03:59,14 (00:44,69)   350m: 04:34,34 (00:35,20)   400m: 05:07,64 (00:33,30)				
5.	Ben Köckritz	2008/--	SG Schöneberg, Berlin	05:17,71	
	50m: 00:31,84 (00:31,84)   100m: 01:10,33 (00:38,49)   150m: 01:53,83 (00:43,50)   200m: 02:36,20 (00:42,37) 250m: 03:20,07 (00:43,87)   300m: 04:04,87 (00:44,80)   400m: 05:17,71 (01:12,84)				
6.	Benjamin Künnemann	2009/--	SG Schöneberg, Berlin	05:31,58	
	50m: 00:35,09 (00:35,09)   100m: 01:16,43 (00:41,34)   150m: 02:00,16 (00:43,73)   200m: 02:42,30 (00:42,14) 250m: 03:31,85 (00:49,55)   300m: 04:19,56 (00:47,71)   350m: 04:56,15 (00:36,59)   400m: 05:31,58 (00:35,43)				
7.	Marlon Plamann	2010/--	Aqua Berlin	05:36,90	
	50m: 00:34,96 (00:34,96)   100m: 01:18,87 (00:43,91)   150m: 02:01,72 (00:42,85)   200m: 02:43,07 (00:41,35) 250m: 03:30,21 (00:47,14)   300m: 04:18,36 (00:48,15)   350m: 04:58,66 (00:40,30)   400m: 05:36,90 (00:38,24)				
8.	Pedro Stier	2010/--	SG Neukölln Berlin	05:49,74	
	50m: 00:36,35 (00:36,35)   100m: 01:24,29 (00:47,94)   150m: 02:07,89 (00:43,60)   200m: 02:51,83 (00:43,94) 250m: 03:45,61 (00:53,78)   300m: 04:38,59 (00:52,98)   350m: 05:13,19 (00:34,60)   400m: 05:49,74 (00:36,55)				
9.	Yannick Schroeter	2003/SM9	Berliner Schwimmteam	05:55,03	ENM
	50m: 00:36,33 (00:36,33)   100m: 01:19,41 (00:43,08)   150m: 02:04,74 (00:45,33)   200m: 02:48,67 (00:43,93) 250m: 03:39,97 (00:51,30)   300m: 04:29,72 (00:49,75)   350m: 05:13,12 (00:43,40)   400m: 05:55,03 (00:41,91)				
10.	Ben Oscar Radtke	2011/--	SG Schöneberg, Berlin	06:02,75	
	50m: 00:39,07 (00:39,07)   100m: 01:24,22 (00:45,15)   150m: 02:10,43 (00:46,21)   200m: 02:55,15 (00:44,72) 250m: 03:47,40 (00:52,25)   300m: 04:41,96 (00:54,56)   350m: 05:23,52 (00:41,56)   400m: 06:02,75 (00:39,23)				
11.	Lennox Dufft	2011/--	Berliner TSC	06:19,29	
	50m: 00:39,20 (00:39,20)   100m: 01:27,46 (00:48,26)   150m: 02:14,41 (00:46,95)   200m: 03:01,52 (00:47,11) 250m: 03:56,73 (00:55,21)   300m: 04:53,26 (00:56,53)   350m: 05:35,72 (00:42,46)   400m: 06:19,29 (00:43,57)				
12.	Oliver Seidler	2011/--	Aqua Berlin	06:32,02	
	50m: 00:41,05 (00:41,05)   100m: 01:29,78 (00:48,73)   150m: 02:22,27 (00:52,49)   200m: 03:10,71 (00:48,44) 250m: 04:07,30 (00:56,59)   300m: 05:04,16 (00:56,86)   350m: 05:48,03 (00:43,87)   400m: 06:32,02 (00:43,99)				